



Horticultural Therapie

Certificate Course Horticultural Therapie

Horticultural Therapy uses the benefits of nature to improve the psychological and physiological wellbeing of humans. Medical reasons (e.g. disabilities, dementia, Alzheimer`s disease) as well as socially related diseases (e.g. depression, trauma) are showing the need for new additional therapeutic treatments.

Healthcare Institutions are dealing with economic pressure therefore; new models of action have to be created to ensure a healthy work environment.

Target Group: Individuals that have already some experience with Horticultural Therapy in their existing jobs or are interested in the filed due to their pervious career as well as in therapeutic garden design

Language of the course: German

Start: November 2010

Certificate: Akademischer Experte /in für Gartentherapie

Date: 4 Semesters, parttime (17 weekends)

Fees: € 7.000,- (including examination fees)

Host:

Donau Universität Krems

Hochschule für Agrar- und Umweltpädagogik Wien

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Horticultural Therapy is adding many benefits to state of the art care, therapy and rehabilitation such as:

decrease the time in rehabilitation

economic benefits for Health Care Institutions

reduce depressions, apathy and negativism

prevention of injuries (such as spine injuries)

adds to occupational activities

psychological motivation and stimulation for interpersonal relationships

connects work environment with the benefits of gardening, increase of life-work balance

decrease the number of staff away sickness and fluctuation

improvement of the social interaction between cultures and professional guilds

Horticultural Therapy works with the close relationship between Humans and Nature.

Horticultural Therapy can be practiced alone or be integrated within other therapies.

Horticultural Therapy has a big variety of adjustment possibilities.

Horticultural Therapy is a holistic and interdisciplinary approach.